

NEED HELP? WE'RE HERE. UNITED.



UNITED WAY
Berks County

Everyone needs a helping hand. We support every resident of Berks with hope for today and thriving for tomorrow.



211 ASSISTANCE WHEN YOU NEED IT MOST

Free – Confidential – 24/7

Call: 211

Text: Send Zip Code to 898211

Live Chat: pa211east.org

- Housing
- Utilities
- Family Resources
- Food
- Elder Care
- Health
- After-school programs



MENTAL HEALTH & CRISIS

Free, confidential counseling services
24/7/365 for mental health or
substance abuse.

Call/text: 988

Chat: 988lifeline.org

Veterans Crisis Line: Free, confidential
24/7/365 support for Veterans in crisis and
their loved ones.

Visit: veteranscrisisline.net

Call/Text: 988 (Press 1) or Text 838255



LOCAL RESOURCE NAVIGATORS

Centro Hispano: Information, referral advocacy,
and support services for the Hispanic community.

Visit: centrohispano.org

Call: 610-685-1265

Berks County Area Agency on Aging: Services for
older residents and individuals with disabilities to
promote independence.

Visit: berkspa.gov/departments/aging

Call: 610-478-6500

PA CareerLink Berks County: Workforce
development, career guidance, and job search
assistance for individuals and businesses.

Visit: careerlinkberks.com

Call: 610-988-1300



ESSENTIAL SERVICES

Helping Harvest Fresh Food Bank:
food pantries and meal sites.

Call: 610-926-5802.

**Supplemental Nutrition Assistance
Program (SNAP):** Government support
for purchasing groceries.

Visit: compass.dhs.pa.gov

Call: 1-800-692-7462

**Low Income Home Energy Assistance
Program (LIHEAP):** Federal assistance for
paying utility costs.

Visit: compass.dhs.pa.gov

Call: 1-866-857-7095